

Sunday Expectations Review

- Introduce yourself! Give your name and the college you are in.
- Why did you pick the group you are in? (Health, Environmental, etc.)
- Think of them as your peers. Don't be scared to say jokes and be a little silly with them. We want to encourage peer-to-peer interaction.
- What is your major? What is your current experience working? (give details on internships or cool projects you have worked on!) Encourage them to speak about their projects as well!
- Try your best for inclusive language(students, awardees, candidates, etc.) until you know a person's preferred pronouns.
- Have realistic college tips! Tell them to work hard, but also tell them to take care of themselves.
- Mention your extracurriculars! (Do you play an instrument, paint or draw? Do you like to garden, cook or even organize? These are all valid outside activities to encourage our student's healthy lifestyles!

Remember our Rules:

- The camera needs to be on during the entirety of the mentor circle time. Not necessary for the entire event!
- Everyone needs to speak in your group. Encourage some through chat or through audio!
- Model the right behavior!

Good luck! You are all fantastic mentors!

Adriana Lopez Cajigas, Mentor Circles Committee Chairperson
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